

# CGA Spirit Group 07-08

August: GOT VISION? ATHLETE / STUDENT / PERSON/ TEAM

*“For where two or three are gathered in my name , there I am with them.”  
Matt. 18:20*

September: COMPARTMENTALIZING / CONTROLLING  
DISTRACTIONS

*“For God is not a God of disorder but of peace.” 1 Cor. 14:33*

October: GOAL SETTING / SHORT & LONG / IMAGERY  
FRIENDSHIP – RESPECT – TRUST

*“Do not let any unwholesome talk come out of your mouths, but only what is  
helpful for building others up according to their needs, that it may benefit  
those who listen.” Eph. 4:29*

November: ATTITUDE OF GRATITUDE / DISCIPLINE  
IS MOTIVATION

*“Whatever you do, work at it with all your heart, as working for the Lord, not  
for men.” Col. 3:23*

December: NARROW YOUR FOCUS/ VISUALIZATION/  
MENTAL CHOREOGRAPHY

*“Share with God’s people who are in need. Practice hospitality.” Rom 12:13*

January: LIFE IS PERSEVERENCE / IMPROVING YOUR  
MOODS

*“Blessed is the man who perseveres under trial, because when he has stood the  
test, he will receive the crown of life that God has promised to those who love  
him.” James 1:12*

February: CONSISTENCY CREATES CONFIDENCE  
AND TRUST

*“Be on your guard; stand firm in the faith; be men of courage; be strong. Do  
everything in love.”*

March: BELIEVE TO SUCCEED / PSYCHING UP

*“If you believe, , you will receive whatever you ask for in prayer.”  
Matt 21:22*

April: ACHIEVING EXCELLENCE / PERFORMING  
YOUR BEST

*“Finally, brothers, whatever is true, whatever is noble, whatever is right,  
whatever is pure, whatever is lovely, whatever is admirable- if anything is  
excellent or praiseworthy-think about such things.” Phil. 4:8*

May: BLESSINGS / REFOCUSING PLAN

*“Be Joyful always; pray continually; give thanks in all circumstances, for  
this is God’s will for you in Christ Jesus.” 2 Thess 5:16*